

## Guard 3 in "2025 Portsmouth V2"

Performer: Guard 3 Symbol: G Label: 3				Drill: The Animal I've Become
Set	Title	Counts	SIDE A-SIDE B	FRONT-BACK
1		0	SIDE A: On 45 yd In	12.0 steps in front of FRONT Hash (HS)
2		16	SIDE A: On 40 yd In	On FRONT Hash (HS)
3		16	SIDE B: 2.75 steps outside 50 yd In	10.0 steps in front of FRONT Hash (HS)
4		16	SIDE B: 4.0 steps outside 40 yd In	12.0 steps in front of FRONT Hash (HS)
5		16	SIDE B: 1.75 steps outside 40 yd In	6.0 steps behind FRONT side line
6		32	SIDE A: 4.0 steps inside 45 yd In	10.0 steps in front of FRONT Hash (HS)
7		16	SIDE B: 2.5 steps inside 40 yd In	6.5 steps in front of FRONT Hash (HS)
8		8	SIDE B: 4.0 steps outside 40 yd In	14.0 steps behind FRONT side line
9		16	SIDE B: On 30 yd In	8.0 steps in front of FRONT Hash (HS)
10		16	SIDE B: 4.0 steps inside 30 yd In	3.0 steps behind FRONT Hash (HS)
11		24	SIDE B: 2.0 steps inside 35 yd In	8.0 steps behind FRONT Hash (HS)
12		8	SIDE B: 2.0 steps outside 40 yd In	2.0 steps behind FRONT Hash (HS)
13		16	SIDE B: 4.0 steps outside 35 yd In	4.0 steps in front of FRONT Hash (HS)
14		8	SIDE B: On 35 yd In	12.0 steps in front of FRONT Hash (HS)
15		8	SIDE B: 4.0 steps outside 40 yd In	6.0 steps behind FRONT side line
16		16	SIDE B: 4.0 steps outside 35 yd In	8.0 steps behind FRONT side line
17		16	SIDE B: 4.0 steps outside 50 yd In	On FRONT side line
18		20	SIDE A: 2.0 steps outside 50 yd In	On FRONT side line

Performer: Guard 3 Symbol: G Label: 3				Drill: Seek and Destroy
Set	Title	Counts	SIDE A-SIDE B	FRONT-BACK
19		0	SIDE A: 4.0 steps inside 45 yd In	8.0 steps behind FRONT side line
20		8	SIDE A: 4.0 steps inside 45 yd In	12.0 steps behind FRONT side line
21		28	SIDE B: 2.0 steps outside 50 yd In	4.0 steps behind FRONT side line
22		8	SIDE B: 1.0 steps outside 50 yd In	12.0 steps behind FRONT side line
23		16	SIDE B: 2.0 steps outside 45 yd In	6.0 steps in front of FRONT Hash (HS)
24		16	SIDE B: On 35 yd In	8.0 steps behind FRONT Hash (HS)
25		16	SIDE B: 2.0 steps outside 45 yd In	10.0 steps behind FRONT Hash (HS)
26		16	SIDE A: 4.0 steps inside 45 yd In	4.0 steps behind FRONT Hash (HS)
27		16	SIDE A: On 40 yd In	8.0 steps in front of FRONT Hash (HS)
28		16	SIDE A: 4.0 steps inside 35 yd In	10.0 steps in front of FRONT Hash (HS)
29		16	SIDE A: On 45 yd In	12.0 steps behind FRONT side line
30		16	SIDE A: 2.0 steps outside 40 yd In	6.0 steps behind FRONT side line
31		8	SIDE A: 2.0 steps outside 45 yd In	6.0 steps behind FRONT side line
32		8	On 50 yd In	2.0 steps behind FRONT side line
33		16	On 50 yd In	2.0 steps behind FRONT side line
34		8	On 50 yd In	2.0 steps behind FRONT side line
35		16	On 50 yd In	2.0 steps behind FRONT side line
36		20	SIDE B: 4.0 steps outside 45 yd In	8.0 steps behind FRONT side line
37		16	SIDE B: On 40 yd In	10.25 steps in front of FRONT Hash (HS)
38		20	SIDE B: 1.25 steps inside 40 yd In	3.75 steps in front of FRONT Hash (HS)
39		8	SIDE B: 1.25 steps inside 40 yd In	3.75 steps in front of FRONT Hash (HS)
40		20	SIDE B: 2.25 steps inside 45 yd In	7.75 steps in front of FRONT Hash (HS)

## Performer: Guard 3 (continued)

Performer: Guard 3 Symbol: G Label: 3				Drill: Creep
Set	Title	Counts	SIDE A-SIDE B	FRONT-BACK
41		0	SIDE B: 4.0 steps outside 45 yd In	4.0 steps in front of FRONT Hash (HS)
42		18	SIDE B: 2.0 steps outside 45 yd In	On FRONT side line
43		16	SIDE A: On 40 yd In	6.0 steps behind FRONT side line
44		16	SIDE A: 4.0 steps inside 35 yd In	4.0 steps behind FRONT side line
45		8	SIDE A: 4.0 steps inside 40 yd In	6.0 steps behind FRONT side line
46		32	SIDE A: 2.0 steps outside 50 yd In	6.0 steps behind FRONT side line
47		8	SIDE A: 0.25 steps outside 45 yd In	2.0 steps behind FRONT side line
48		24	SIDE A: 2.5 steps outside 45 yd In	12.5 steps in front of FRONT Hash (HS)
49		44	SIDE A: 2.0 steps outside 40 yd In	10.0 steps behind FRONT side line
50		16	SIDE A: On 40 yd In	On FRONT side line
51		24	SIDE A: On 40 yd In	On FRONT side line

Performer: Guard 3 Symbol: G Label: 3				Drill: Symphony of Destruction
Set	Title	Counts	SIDE A-SIDE B	FRONT-BACK
52		0	SIDE A: On 40 yd In	4.0 steps behind FRONT side line
53		16	SIDE A: 4.0 steps inside 35 yd In	8.0 steps behind FRONT side line
54		16	SIDE A: On 40 yd In	6.0 steps in front of FRONT Hash (HS)
55		16	SIDE A: On 35 yd In	10.0 steps behind FRONT side line
56		16	SIDE A: 2.0 steps outside 30 yd In	8.0 steps behind FRONT side line
57		16	SIDE A: 2.0 steps outside 40 yd In	10.0 steps behind FRONT side line
58		16	SIDE B: 4.0 steps outside 50 yd In	6.0 steps behind FRONT side line
59		20	SIDE B: 0.5 steps outside 35 yd In	5.0 steps behind FRONT side line
60		12	SIDE B: 0.25 steps inside 30 yd In	13.5 steps in front of FRONT Hash (HS)
61		16	SIDE B: 2.5 steps inside 35 yd In	5.5 steps behind FRONT Hash (HS)
62		16	SIDE B: 3.0 steps outside 45 yd In	11.75 steps behind FRONT Hash (HS)
63		16	SIDE B: 0.5 steps outside 45 yd In	8.25 steps behind FRONT Hash (HS)
64		24	SIDE A: 2.0 steps inside 45 yd In	8.0 steps behind FRONT Hash (HS)
65		16	SIDE A: 1.75 steps inside 40 yd In	On FRONT Hash (HS)